DARTIA

The Dart Valley Bioregion



A Preliminary Examination of the Watershed of the River Dart, Devon, as a Cohesive, Regenerative, Sustainable Ecological Region.

Some of its Past, its Present and its Achievable Future.

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INTRODUCTION

This packet has been assembled by participants in a three-week seminar at the Schumacher College, Dartington, and is offered to the citizens of this area as a gift that represents the best of our thoughjts and feelings about this lovely and inspiring region.

The ideas that take shape in these pages arise from a number of sources--books, interviews, presentations, conversations, inspirations--that we have encountered over the last few weeks. We are particularly indebted to:

Totnes Library

Dartmoor National Park

Planning Department, South Hams

District Council

NatioFinal Rivers Authority
Nature Conservancy Council

and especially:

Bill Bennett, M. S. Carpenter, Patsy Gifford, Stephan Harding, Norman Jarrett, Helen Sheard, and Colin Ward.

We ask that readers of the pages that follow accept them in the spirit of friendship and solidarity in which they are presented. We ask also that they understand that these ideas and supporting data are very preliminary, the result of an intensive but very short-term investigation, limited by inevitable deficiencies of information-collection. We would hope that in the future those who are touched by the visions captured here and who might be moved to carry these investigations future would join us in this project of refining and

strengthening the perceptions of a prosperous, sustainable, healthy, and regenerative future for the bioregion of the Dart watershed.

Bioregional Course/Project Schumacher College April 2, 1992

(For further information, please contact the Bioregional Project, Schumacher College, Dartington, Totnes, Dartia, Devon TQ9 6EA.)

DARTIA: WELCOME HOME

This study is an effort to apply the principles of bioregionalism to the River Dart watershed, a natural area we have christened "Dartia."

Bioregionalism, for all its seven-syllable grandeur, means simply:

an understanding of the re-enchantment of the earth, at the scale of the nature-given territory, according to the laws of nature,

and guided by a reverence for the other species of the territory and a goal of seeing them flourish.

Bioregionalism means learning a sense of place, a love of place, through a knowledge of its lore, an appreciation of its natural systems and flows, a reliance on its basic natural resources, and a liberation of its best energies and talents.

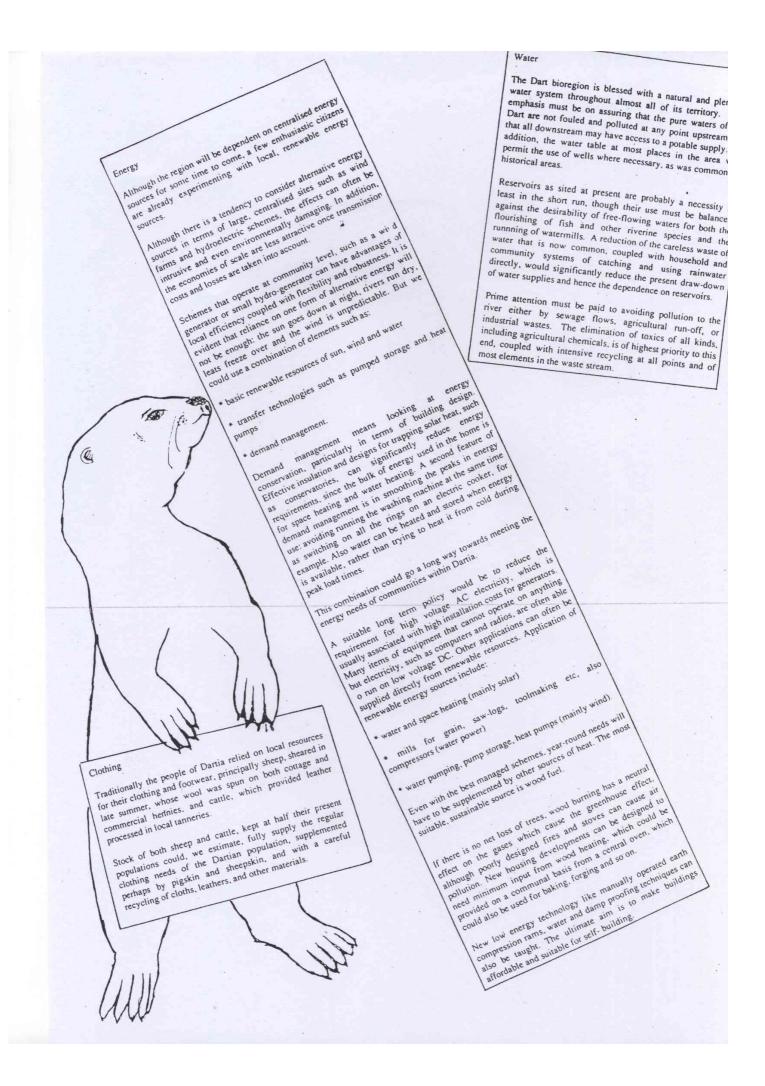
Bioregionalism means understanding the world around one--as all ancient people did, as many country folk and an appreciation of the birds and animals, the trees and flowers, the rivers and hills, the land and air, the families and communities, the traditions and wisdoms.

Bioregionalism means saving one part of the earth from the terrible spectre of ecological disaster—what some are calling "eco-cide"—by trying to live without the consumption, the complexity, the poisons, the pollutions, the waste, the destruction, and the extinctions of the modern industrial monoculture that surrounds us. Such a task, we know, is not easy, but it does seem increasingly to be necessary. And if necessary, possible, to secure a safe and happy home.

Welcome home.



Darta the Otter



Ideally, Dartia would work to reconfigure its settlement and employment patterns over time so that the place of work is in or near the home, so that extensive daily travel is unnecessary and could be accomplished by walking and Shopping, schooling, and other vital services would be kept, as in the traditional communities, within easy distance of all but the most distant household.

A reduction in the use of the internal-combustion engine is an environmental necessity, and we envision a gradual phasing-out of much individual automobile travel, and that confined to a few motorways. In its place, systems of community travel (by bus or train) and individual reliance on foot, cycling, animals (especially horses and ponies) and perhaps. (if the technology is benign) electric cars, would be more ecologically sound. Eventually it might be possible to convert many of the small lanes and tertiary roads to bicycle use exclusively, thus permitting a safe and extensive network of transportation.

We would also envision a much greater reliance on the Dan itself for personal and commercial transportation within the bioregion, particularly in the estuarian portion between Totnes and Dartmouth where the greatest number of people now live. Many water-borne means of transportation existmost of them traditional to this region - that are safe, efficient and non-polluting, and many citizens of the bioregion are already skilled in their building and use.

Shelter A wide variety of local materials have been used as evidentials materials.

All these materials from the study of local materials have been used as evidence of locally available, bio. degradable and harmless to locally available. from the study of archeological remains.

life. Most importantly, all these materials have been but to a put to have been locally available, bio. degradable and harmless to use used for walling walling life. Most importantly, all these materials have been put to a which is widely wide variety of use. Mud has been used for walling available on Dartmoor, has been not only as a roofing. Plastering and whiteavailable on Dartmoor, washing. Healther, which is
material but also as lining material under thatched roofs.

Plastering and whitewashing. Healther, which is widely
material under thatched roofs. available on Dartmoor, has been not only as a roof thatched roofs. Bricks were introduced in the Tudor times but were rejected to the manufacture. transport and the wide Bricks were introduced in the Tudor times but were rejected when bricks were! because of problems in manufacture. It will be suite in the 20th C. better transport and the wide transport and "fashion" availability of other building materials. When bricks and then later conrete came into wide use. In re. introduced in the 20th C. better transport and "fashion" with thatched roof cost £60. while a brick! mude bricks and then later conrete anne into wide use. In a so brick and the later conrete annount. Also brick and | 1808, a cob house with thatched roof cost £60, while a brick cob is not. So house of similar size cost double the amount. Also bridge in energy materials save in energy of the energy costs of the energy energy costs of the energy energ concrete are high energy material while cob is not. So costs and energy costs during obviously local materials manufacture, transportation save in energy costs during costs and energy costs during the life of the building. A thatcher is a highly skilled person. A thatcher is a highly skilled person.

However today, thatching has become uncommon. A ges.

A thatcher is a highly skilled person.

His craft has become uncommon. A ges.

A whole remained virtually unchanged since the Middle Ages.

Sense of local tradition and also employment has quietly However today, thatching has become uncommon. A whole died down. Similarly of a stering skills have also vanished. died down. Similarly plastering skills have also vanished. Local building construction: His craft has 1. Use of local materials: Instead of importing building emphasis must be 1. Use of local materials: Instead of importing building emphasis must be These placed on local materials. materials can be rematerials can be re. worked with new low energy unbaked walls prove to be lechnology, if needed. For example if cob walls prove to be walls prove to be carth. bricks are a good solution. Worked with new low encry 2. Use of low energy building materials: Materials that use energy building manufacture and yet are energy 2. Use of low energy building materials:

efficient during during manufacture and vertiles are a good example of this. Also building materials

Also building materials | efficient during use should be encouraged walls are a good example of this. Also building or earth harmless to life. Various | walls are a good example of this Also building materials can be used, for instance, for coloning lime. Various washes. should be bio- degradable and harmless to life. Various natural oils! soils can be used, for instance, for coloring line. Staining fungus, beeswax and various natural oils could be used in Staining woodwork. 3. Use of local building skills: Training centres can be set up to the love of vernacular building local building skills: Training centres can be set up to the love of vernacular building local building skills: Training centres can be set up loca 3. Use of local building skills: Training centres can be set up skills building skills. Training centres can be set up to the joys of vernacular building

This area has a strong tradition of agriculture and horticulture which has contributed much towards the health and wealth of the population. In the past, the region has been self-sufficient in food with its own local distribution systems.

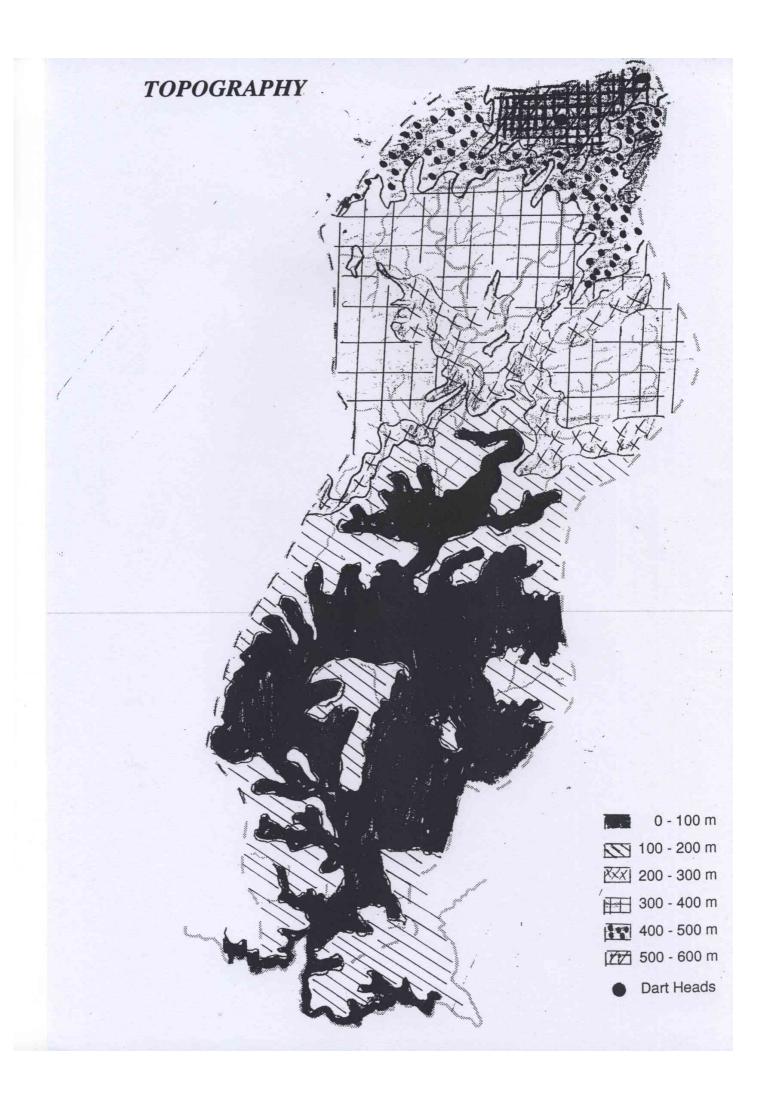
There is a firm foundation for building a future of abundant food and good health, independent of energy price rises and economic shocks. A future emphasis might be on having

- * increase the consumption of regional, seasonal foods
- * substitute exotic fruits and vegetables by growing more of the traditional, almost forgotten, local varieties
- * research traditional growing and cooking methods e.g. monestary kitchen garden records
- * provide education in nutritious, tasty methods of preparing
- * encourage citizens to grow their own fresh fruit and local food vegetables in diverse, productive kitchen gardens
- * explore low-energy, self sustaining gardening methods
- * set up neighbourhood co-operatives and small businesses to cultivate direct marketing between consumers and
- * research the link between food and human health

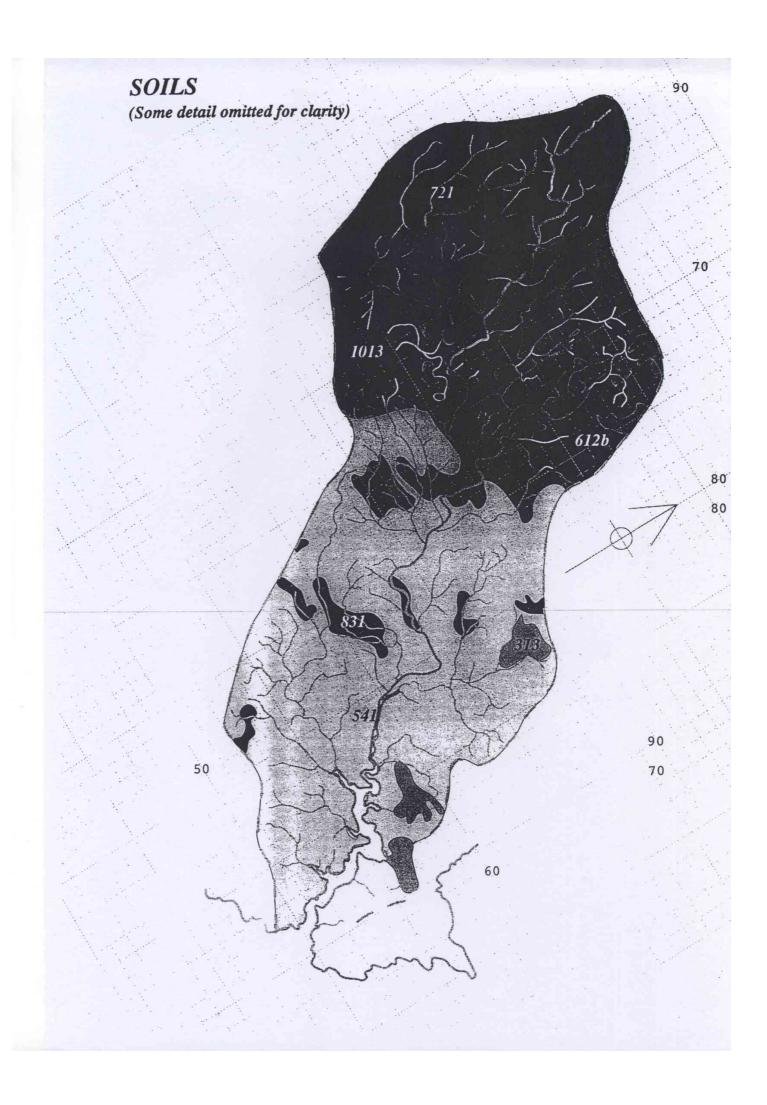
Employment

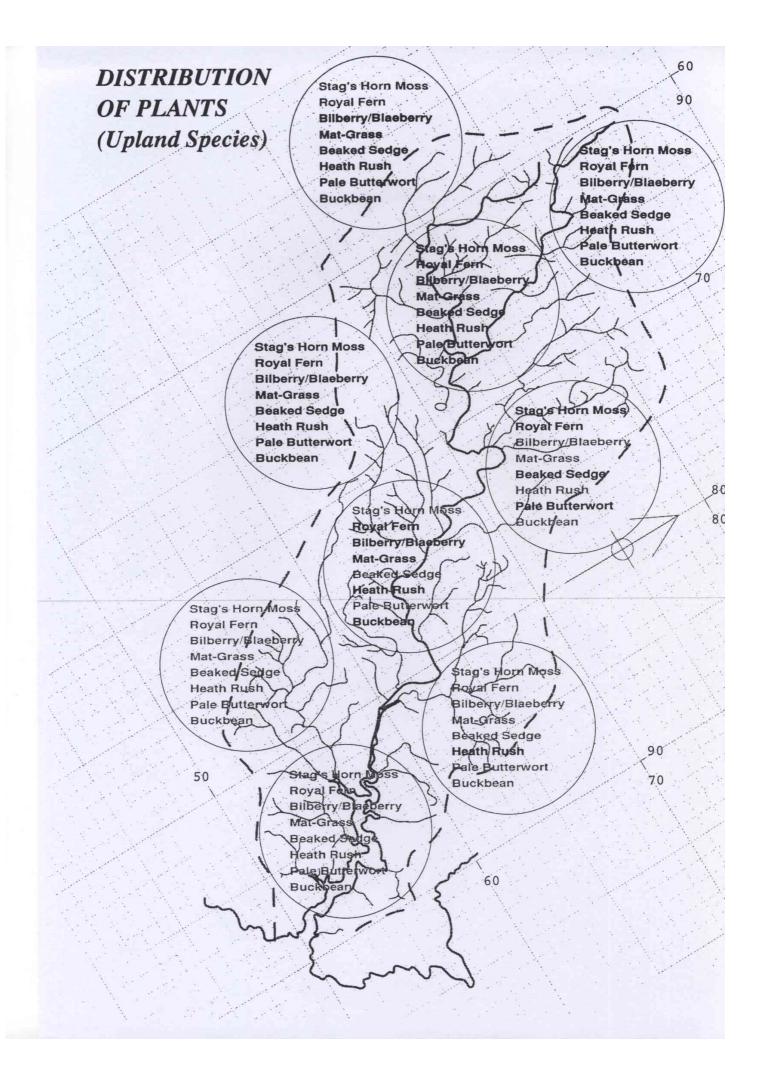
The goal of life in a bioregional Dartia is not work, and indeed one might expect an increase in leisure time in a selfsustaining economy, as is typically the case in nonhierarchical traditional societies. Nonetheless, certain functions must be carried out, and the virtue of a bioregional economy is that it offers a wide range of basic employment to all able willing hands.

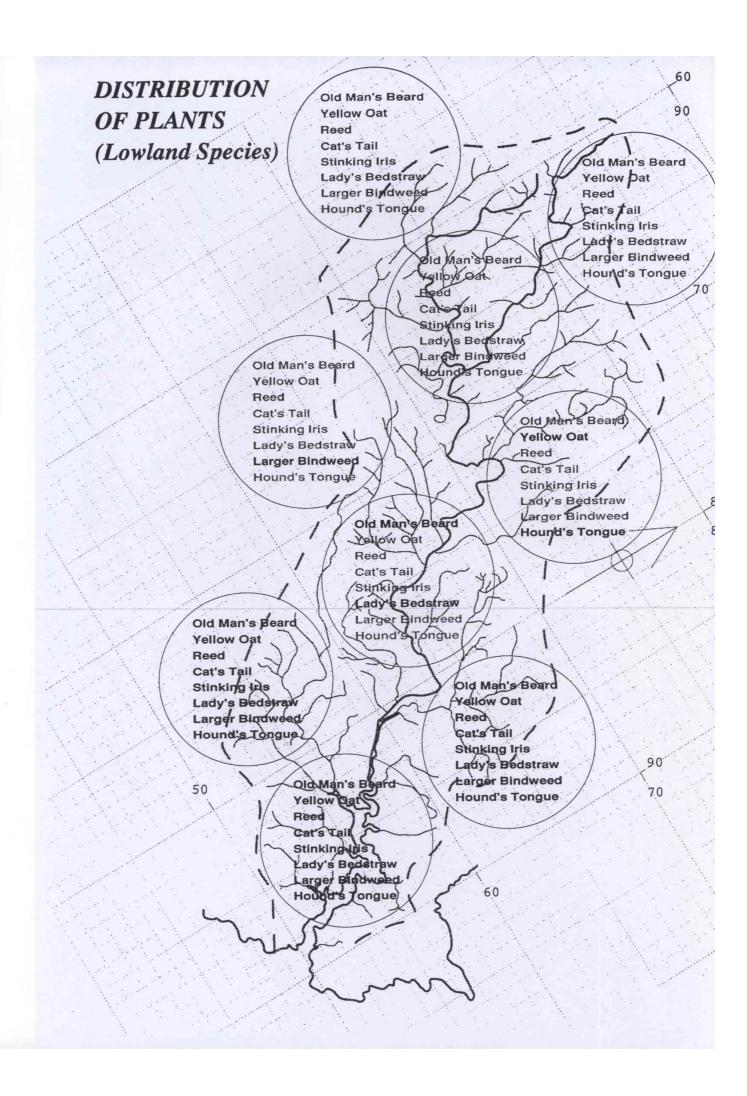
In Dartia, as in any self-dependent area, increased emphasis would be placed on agricultural work, much of which would be labor-intensive rather than machine-driven, and on home and community artisanship and craftwork to supply daily needs. In a process known as 'inport replacement', local manufactures would gradually replace those shipped in from elsewhere, and those would require local labour; in addition, the reliance upon local materials for regular needs would require the proliferation of local mills, workshops, home industries, markets and services



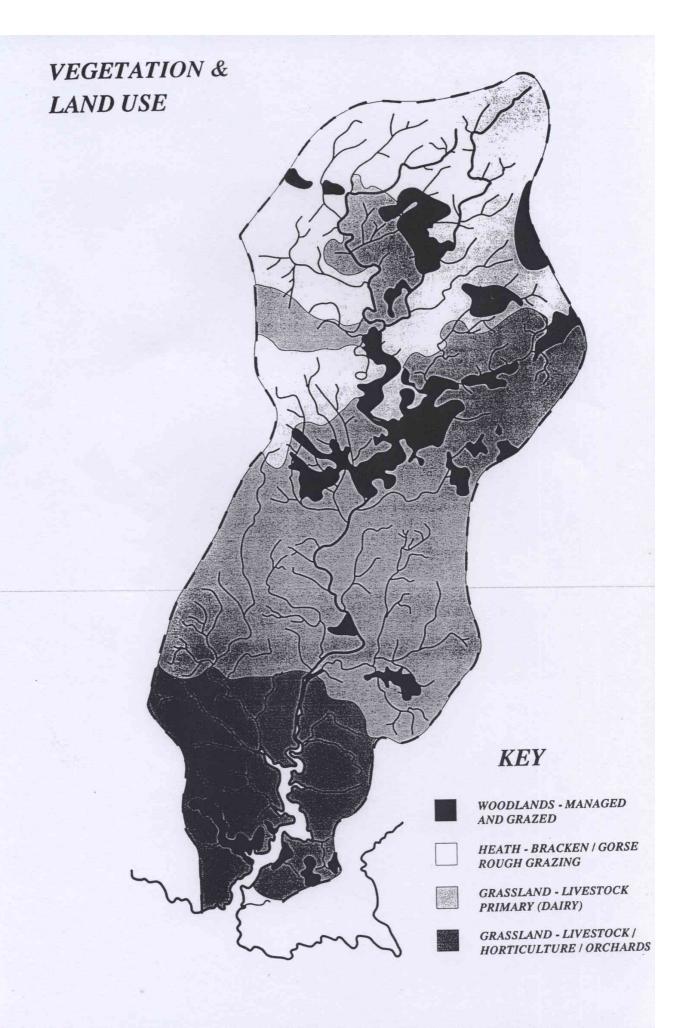
GEOLOGY GEANITE SLATE METALS SLATE/ SHALE -IMESTONE BLOWN SAND LIMESTONE GerTS/ SHALES

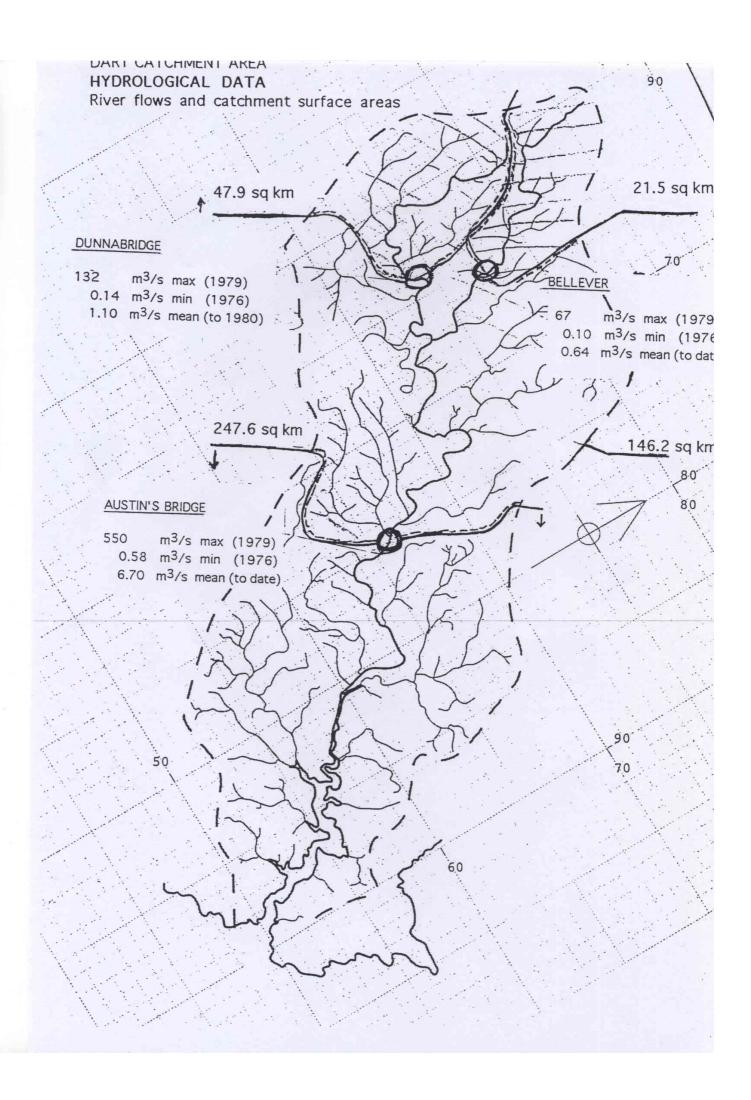


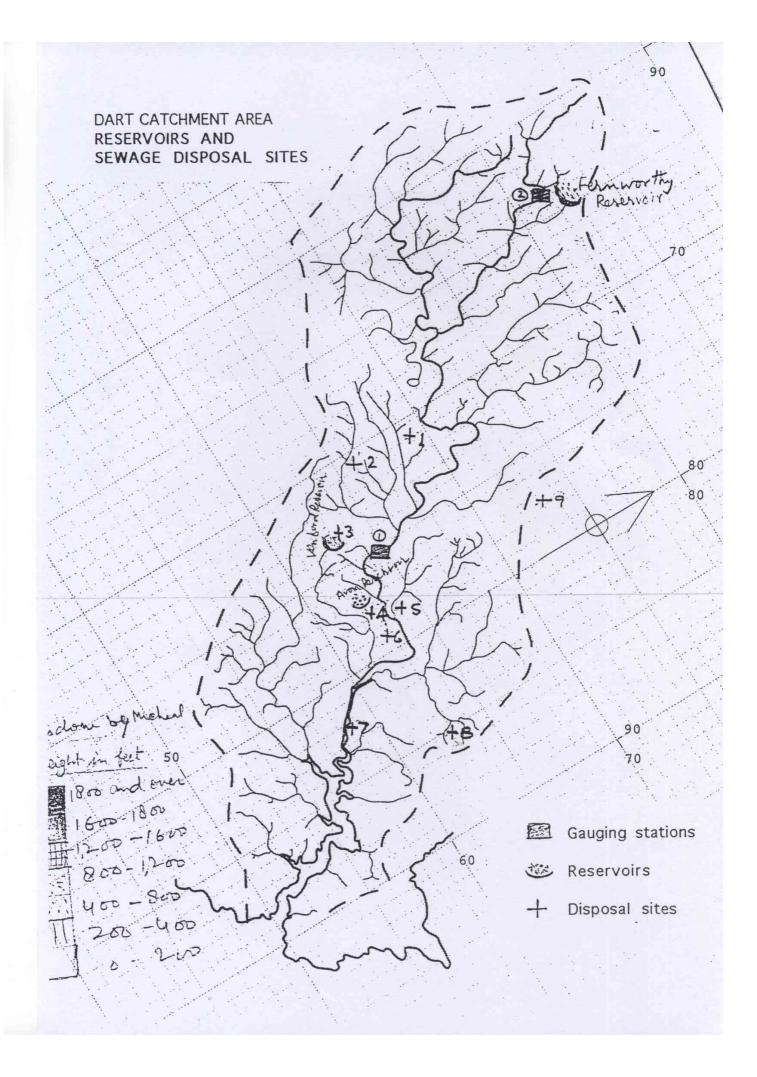


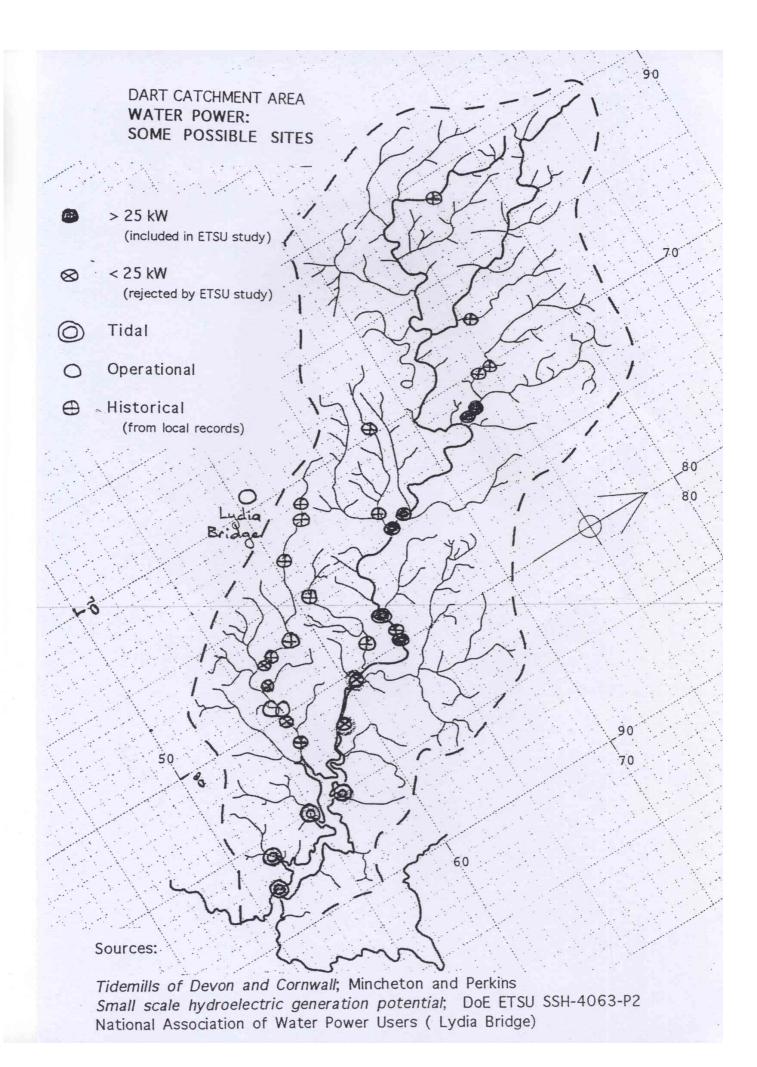


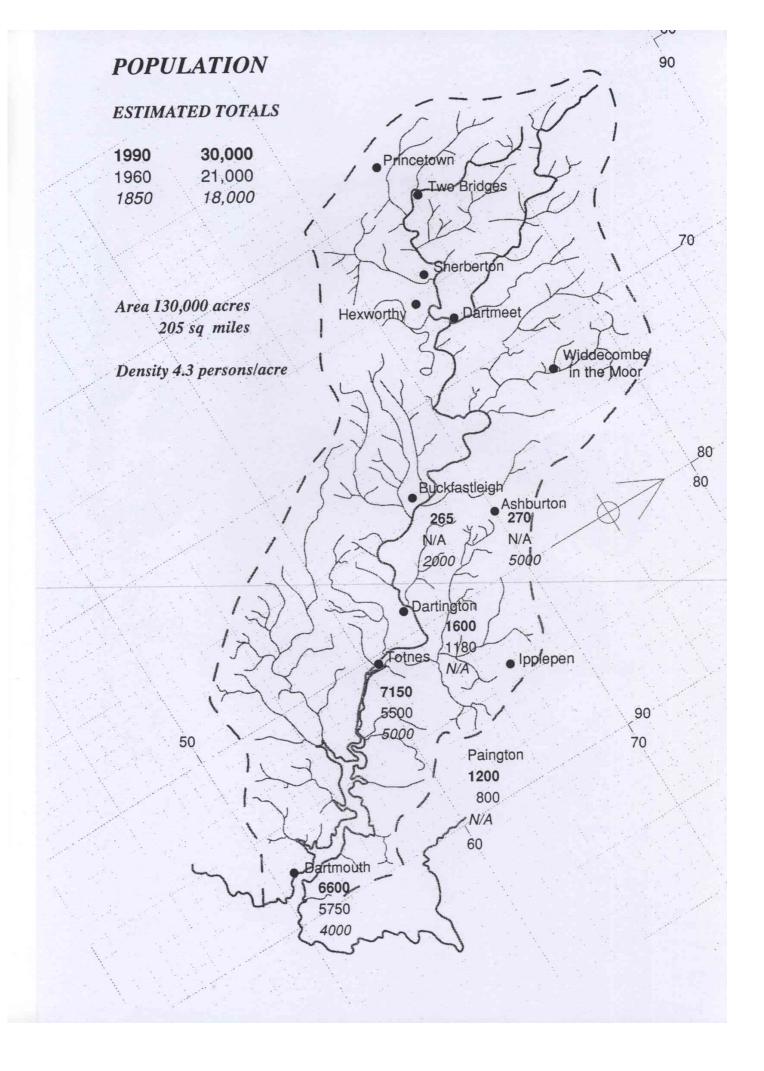
GEOLOGY GEANITE SLATE ? SLATE/ SHALE SHALE IMESTONE SAND LIMESTONE Gers

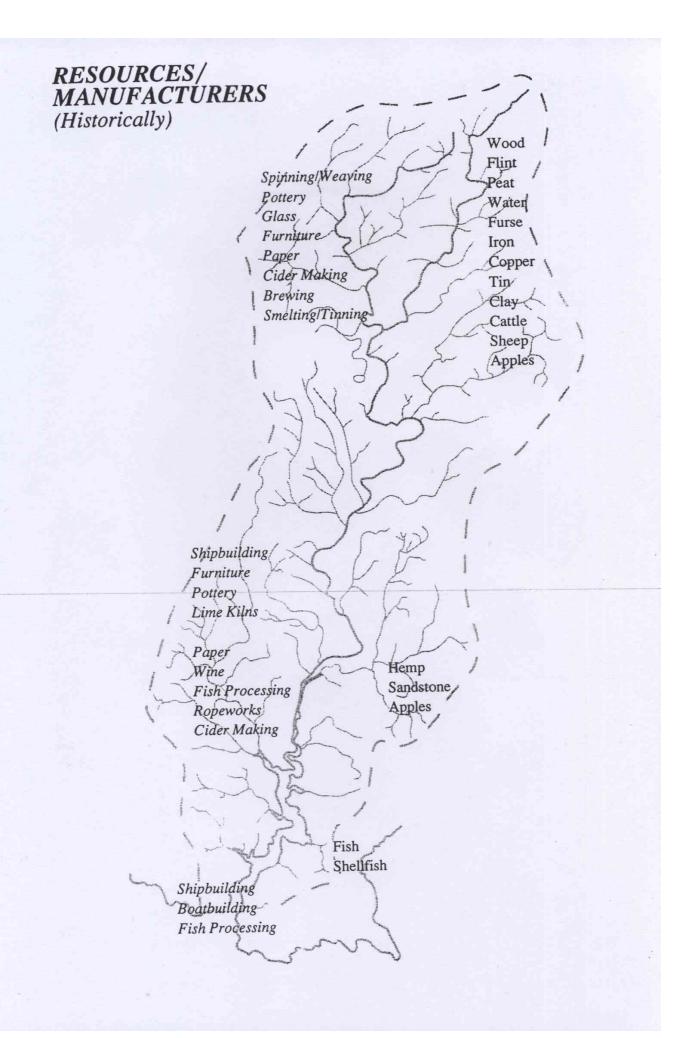


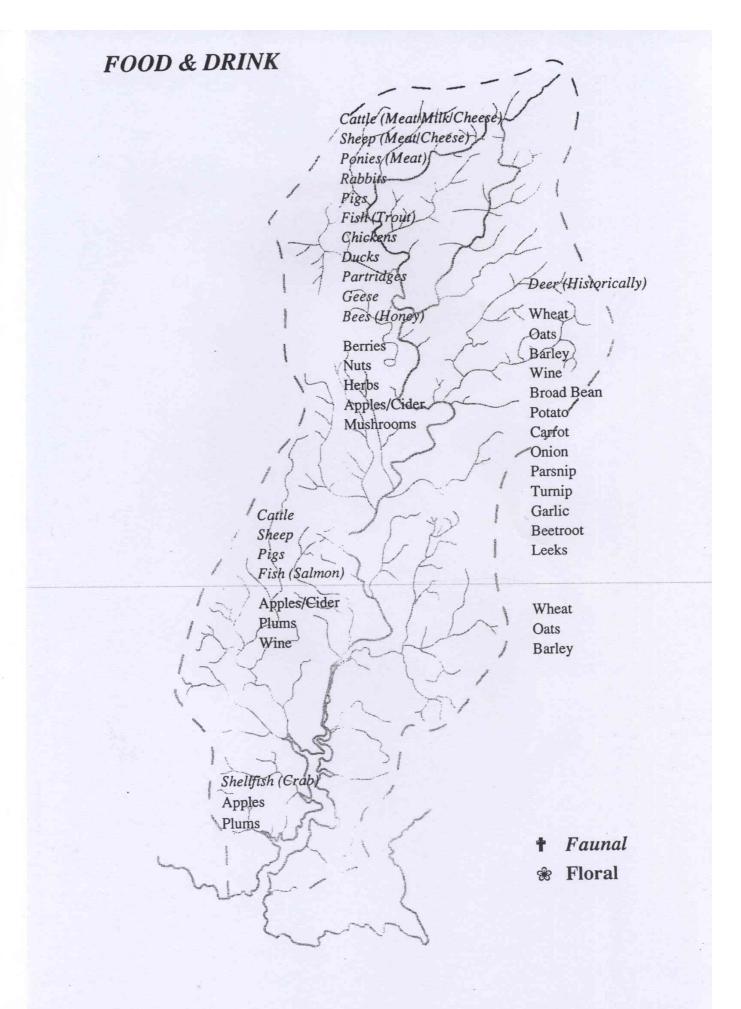












D' ART OF BUILDINGS

Walls

- 1. Cob from at least 13th C.
- 2. Granite and "Moorstone" from 17th C onwards.
- 3. Slate hanging on walls from 18th C onwards.

Other Building Materials

- 1. Lime ash for flooring.
- 2. Cement and other types of floorin from 20th C onwards.
- 3. Oak and Elm for timber. Softwoo from 20th Conwards.

Roofing

- 1. Heather | Bracken | Broom | Reeds.
- 2. Thatch: Devon reed and then Norfolk and continental reed from 20th C onwards.
- 3. Slate from 18th C onwards.

Walls

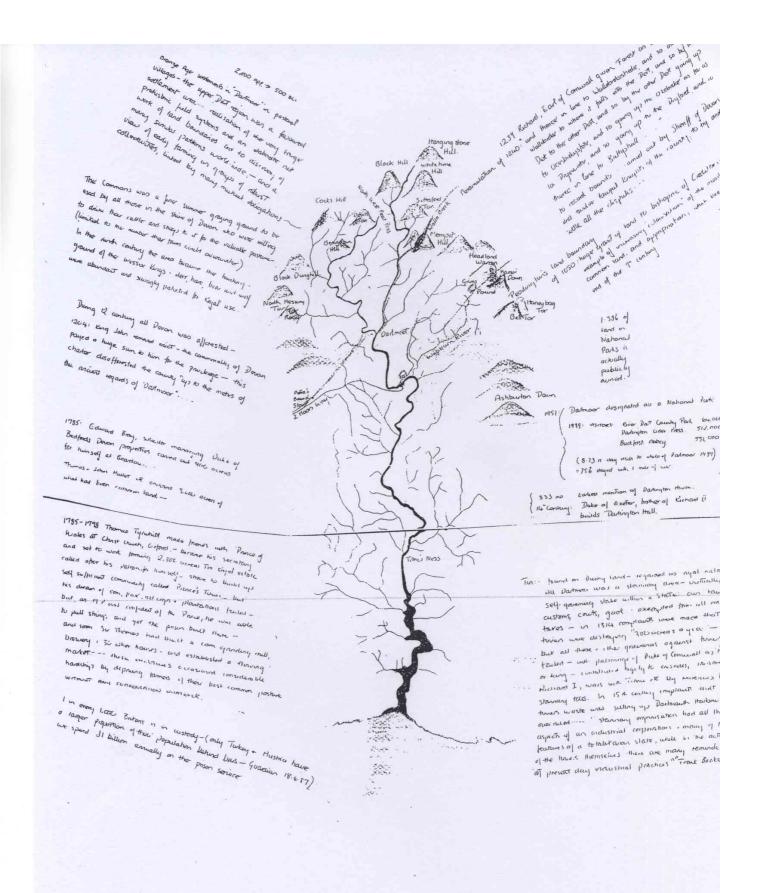
- 1. Cob walls.
- 2. Brick from 19th C, although introduced in the Tudor times.
- 3. Devon slates and schist.
- 4. Concrete from mid-20th C. Other imported stones used as well.

Roofing

- 1. Devon reed and then Continental, Norfolk and Abbotsbury reed from 20th Conwards.
- 2. Local slates and then Welsh and Spanish slates.
- 3. Clay tiles from 20th C

Other Building Materials

- 1. Lime ash flooring and then other types of flooring from 20th C onwards.
- 2. Oak and Elm. Now various types of soft woods.



Cattle: Widecombe type of South Devons-(or South Hams) largest bread of cattle native to Britain - dark chestrut, lightening around eyes and muzzle: inside leg - large belly to cope with tough mordand vegetation, "do" botter than most breeds - excellent quality mith, to cream a butter-very good converters - good meat, and shong and doubt for the plough. (new overwintered on commons) - bossis for tanning recurrer chessing -

Sheep: - Dartmoor white-faced: brought in fer writer: - known throughout England for excellent mutton, o produce good long wool-show July August. basis for thinking woollen industry.

Ponces: - Dartmoors descended from original terral Celtic prices - only donestic animal that can breed and father simultaneously on the open moor.

Rabbits: - introduced in 12 century + warrens set up.

Grasses: motina caentea (flying bent) (sedge grass) Thay to flowering in Julyrealished by stock providing good feed for eves, cours + mares. - after

flowering turns yellow or loves all tood value (stock then turned on to

Lammas kand - shubble unacreseded)

Nardus stricta (mat grass) not liked by cattle or sheep- can be kept

in check by poines - generally worthless as food.

Fuze: deep rossed - can take up minerals from subsoil - (lack of trace elements in Dartmorr top soil) - nitrogen toxing - excellent for fuelyoung growth cut or brussed as winter feed. - also heather.

Brucken: and extensively as winter beading (poisonous if eather in large quantities)

Cak: coppied used for taning - (bart "ripped" + stacked before being used to impart supplement + colour to leather)

Peat: tuel- naphtha, perol, oil-tar, acetic acid distilled - (Princetown pison lit with gast candles) basis for paper making-

DARTIA: A SENSE OF PLACE --A Few Glimpses of Common Land--

"Those who speak with understanding must hold fast to the common in all things." --Herakleitos

Common land tell a story of cooperation in human society and with the land (and of the gradual imposition of private interests) as fragments of the old 'cottage economy' in a present beset by totalitarian market forces and where the majority are outsiders in their own country.-- Francis Reed

c. 2000-500 B.C.

Bronze Age settlements in "Dartmoor" in pastoral villages--the upper Dart region was a favoured settlement area... realisation of the very large prehistoric field systems and an elaborate network of land boundaries led to discovery of many similar patterns world-wide... and a view of early farming as groups of robust collectives, linked by many mutual obligations.

The Commons was a fine summer grazing-ground to be used by all those in the shire of Devon who were willing to drive their cattle and sheep to it for the valuable pasture--limited to the number that their farm could overwinter. In the 9th century the area became the hunting-ground of the Wessex kings--deer, hare, boar and wolf were abundant and savagely protected for Royal use.

During the l2th century all Devon was afforested. In l2O4 King John removed an edict--the commonality of Devon paid a huge sum to him for the privilege--this charter de-aforested the county "up to the metes of the ancient regards of Dartmoor."

1785: Edward Bray, solicitor managing Duke of Bedford's Devon properties carved out 900 acres for himself at Beardown.

Thomas and John Hullet etc. enclosed 3,000 acres of what had been common land.

1785-1798: Thomas Tyrwhitt made friends with the Prince of Wales at Christ Church, Oxford, became his secretary and set to work forming 2,300 acres of moor land himself, called Tor Royal estate after his patron. He strove to build up a self-sufficient community called Prince's Town, but his dream of corn, flax, root crops and plantations failed. But as M.P. and confidant of the Prince he was able to pull stings and get the prison built there, Soon Sir Thomas had built a corn-grinding mill, a brewery, and 30 other houses, and established a thriving market. These enclosures occasioned considerable hardship by depriving farmers of their best common pasture without any compensation whatever.

(One in every I,OOO Britons is in custody--only Turkey and Austria have a larger population behind bars--Guardian, 18.4.87. We spend £l billion annually on the prison service.

1239: Richard, Earl of Cornwall, given the Forest as a "chase"--

Peramulation of 124O: "and thence in line to Wallebrokeshede, and so along the Wallebroke to where it falls into the Dart, and so by the Dart to the other Dart, and so by the other Dart going up to Okesbrokysfote, and so going up the Okebroke as far as to Dryeworke, and so going up to the Dryford, and so thence in line to Battyshull...." To record bounds--carried out by Sheriff of Devon and 12 lawful knights of the county, to try and settle all the disputes.

Peadingtun's land boundary of IO5O: a huge grant of land to the Bishopric of Crediton--an example of increasing "colonisation" of the moorland common land, and appropriation, which began at the end of the 7th century.

1951: Dartmoor designated as a National Park. 1.38 per cent of land in National Parks is actually publicly owned.

1989: Visitors: River Dart County Park.....64,000
Dartington Cider Press....512,000
Buckfast. Abbey.......551,000
(8.73 m. day visits to the whole of Dartmoor in 1989;

75 per cent stayed within I mile of car.)

833: Earliest mention of Dartington House.

14th century: Duke of Exeter, brother of Richard II, builds Dartington Hall.

Schumacher College

NUMBER THREE · SUMMER 1992

THE BIRTH OF DARTIA

by Kirkpatrick Sale

Scholar in Residence · March 16 - April 3, 1992

I am at the moment at Schumacher College, teaching a course in bioregionalism. Som critics would tell you that bioregionalism is nothing less than a 'new, shallow America fad' It is, they say, a reduction of humanity and the sort of back to nature short cut that those oddities

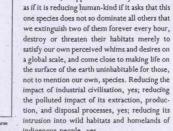
in the United States have come up with in their New Age dilemmas.

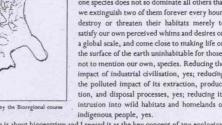
Hard to know what the critics know about bioregionalism, but I venture to say, not much. It is by no means a short cut to anything, and indeed I don't know anyone in or near the movement who thinks it is anything but a long haul philosophy whose transmission to the world at large, much less its implementation in practice, will take quite a long time indeed. And though it is in truth not more that about fifteen years old, it could hardly be considered a fad on the level of hoola-hoops and has, as a matter of fact, established a pretty good track record for durability, resilience and continuity.

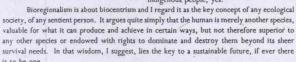
As for being 'back to nature' and 'reducing humans', well, there may be some truth to that. There is a sense in which bioregionalism does seek a return, if that's the word, to the perception of nature as it dwelt in primal peoples everywhere on earth at one time, and a return to a careful and regardful way of living in harmony with nature as was known to quite

a good many rural and village folk the world over not so many decades ago. That is, the bioregional project, as I see it, does start with an understanding that nature is literally sacred, that humans must dwell within it with some care and humility, and that the vainglorious attempts to conquer and subdue it that have characterised industrial society for the last two hundred years are demonstrably pernicious and destructive.

And, I suppose to some eyes that looks

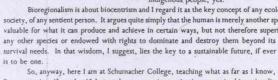






So, anyway, here I am at Schumacher College, teaching what as far as I know, is the first extensive (3-week, 45-lecture-hour, mapping-project) course in bioregionalism, an exciting challenge indeed. It is difficult and thorough and sweeping and exhausting, and doesn't

feel much like a fad just now. My aim from the beginning has been not only to talk about bioregionalism, but to work toward an actual study of a bioregion, its resources, settlements, potentials and all. Hence we have been very busy here for the last few weeks mapping the area where Schumacher College



THE BIRTH OF DARTIA . continued from page 1

is located, the valley of the Dart river as it courses from Dartmoor to Dartmouth - a bioregion

we have come to call 'Dartla'.' Mapping it as it was, as it is, as it might come to be.

My students are of all ages and talents, from India, America, Eastern Europe, and all over
Britain. My sense is that each of them is enriched by a close study of this complex concept and that a number of them are likely to use it effectively in their future work. Perhaps they will that a number of them are likely to use it ellectively in their future work. Perhaps they will assist in the task of spreading the idea and building the movement - though that, I admit, is a lot to hope for after a few short weeks, despite all my hints about the necessity for scores of bioregional Johnny Appleseeds. I may even reach through to one or two who may end up with the same conviction that I have: if there is to be a future, it must be bioregional. At the completion of the course topies of the Dartia project were presented to the Totnes Museum, and the Chief Planning Officer of the South Hams District Council. Articles have appeared in the Totnes Times, the New Yestersman and the Western Morning News.

Times, the New Statesman and the Western Morning News.

Happily the shop, situated in the heart of the village, will continue to offer the same kind of excellence and standard of service it always

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The founder of the first shop premises, David Seymour Guy, had emigrated to Canada and, when the First World War broke out, he joined the Light Cavalry and met his future wife, Gwendoline Hill of Hill's Cider fame. After they married they set up a small grocery business in the Dartington Lodge, which was fran-

nas remained in the family since 1926.

Of course the original shop was a far cry from the expanded business of today. In those days it was a large house and only the front

even toda can reme in-law st counter years can out two which w those day The co

The co the shor children. Gwendoli

During family he next doo the Seco was come. American from 1841 the hostile

During before Day line contr shop while Eddie, m work.

He didn low in his steps and Second W out in 193 merchant r less operate

At that to of the business his paren Gwendolin of the familicarey.

Eddie's s line, mari Marks fam hempston : continued th tion by star there with h However

was demoble to join his Dartington Because a renot be found after the Aleft, it was risons of Tot

Pos Tony did service after and then too office side o



• Mrs. Sheila Guy and her husband, Eddie (centre), toast the future with staff and customers on their retirement celebrations after a lifelong association in the grocery and post office business at Dartington. The couple, whose family have run Guy's since 1926, plan to take a trip to Russia to visit relatives in the near future. Photo: Alan Craig

International seminar produces 'Dartia' study

A CASE study has been carried out on the Dart River Valley and its capital. Totnes, which presents a way forward for the future identity of the area.

The project has been undertaken by members of an international seminar that has been meeting over the last three weeks at Schumacher College, Darington, to examine principles of a new ecological philosophy called bioregionalism.

The philosophy works with the natural regions of the land, such as watersheds and plateaux, as the areas in which to create sustainable and environmentally vound societies

The findings were last week presented to Totnes Museum, the town's library and South Hams District Council's Planning Committee and will be offered to the County's Education Department, the Dartmoor National Park plus other agencies whose work affects the area

Included in the project material are maps that show the Dart 'bioregion', which they have christened 'Dartia', and its natural features and resources. Charts, diagrams and supporting data are used to envision how an ecologically benign and selfreliant Dartia might function

Author

Visiting scholar in charge of the course. American author Kirkpatrick Sale, said the map and charts depicted of a natural area of the Dart River watershed.

The citizens of this geographic area, who understand themselves as part of the natural systems and lifetorms of the region, might be considered Dartians. he said

The bioregional movement originated in the Unied States about ten vears ago and encourages people to think of themselves as part of coherent natural bioregions, rather than artificial districts, states or nations

It seeks to get people to understand and identify with their region so as to sink roots in it, protect its ecosystems, and help it to live in a sustainable, non-violent, non-polluting fashion, said Mr

Visiting lecturers at the course included former mayors Neville Jarrett and Bill Bennett, curator of the museum, and Mr Michael Carpenter, district planning chief.

Participants came from the USA, Hungary, Czechoslo-

vakia, India and all parts of the LIK.

Mr Bennett, on accepting the bioregion project, said he was sure it would benefit the town and was delighted that a link had been forged with the Schumacher College.

The information will be placed in the museum's study centre where it will be available for public use.

Around the W.I.s

Dartington

MEMBERS of Dartington Women's Institute were delighted to learn at their April meeting that the Institute had won the cup at the group meeting held at Diptford.

Mrs J Clarke, the President, said she hoped this would give encouragement to everyone to support further competitions.

The resolutions for the Spring Annual Meeting at Exeter University were then discussed and accepted.

Mrs K. Stanyon gave a demonstration on 'Practical Tapestry', and each member present was given a sample piece of tapestry, along with a needle and some lengths of wool.

Lee Moor

AT the March meeting of Lee Moor Women's Institute the speaker was Mr K Farmer of Cornwood on 'The Care of House Plants'.

Mr Farmer had brought with him a number of cuttings and plant specimens to rilustrate his talk and members were so interested in the subject that many questions were asked and answered.

The competition, 'A Flowering Plant,' was won jointly by Mrs M. Roper and Mrs M. Hugill.

Members were asked to take part in the Anstice Group Meeting, to be held at Lee Moor Public Hall, the competition for this meeting being a Knitted Tea Cosy and/or a Country Pate.

Joshua W.J.

The Institute sented by Mrs gate, who appe Boyfriend.

Mrs Butler duced Mrs Eili Sales and Introfficer at Moun House in Corr delighted menih talk and slide Mount Edgeur and Park.

The evening with a birthday cut by Mrs Eiler celebrate the third birthday.

The competiil Photograph of and district' w Mrs Pam Hal 'Bloom of the Mrs Peggy Yabs

MRS Pauline opened the Men meeting of So

